

Some Plain
DIRECTIONS

For the USE of Our

Sal Oleosum Volatile.

ALTHO this great (and truly noble) Remedy has been publick many years, with much Applause and good Success;

'Tis nevertheless unknown to Multitudes, as to its Incomparable Nature, and Powerful Virtues.

The Knowledg, that belongs to it, is so very sublime, that 'tis next to impossible to convey it to common Understandings.

This has given Occasion to many to put off, under its Name, scurvy compounded Trash, only for filthy Lucres sake.

But the Method now taken will inlarge its Knowledg, in some degree, from meer Experience.

While it lay in a single hand, 'twas scarce and dear, by reason of the great Labour in Preparation, and many other Difficulties; so that it could be deriv'd but to a Few.

But now in the Hands of expert and industrious Artists, 'twill be multiply'd, and Universally obtain.

However, This Advantage it has gain'd by its slow Progress (which is observable) That it is now spread abroad with the bright Authority of *Her Most Gracious Majesty's* Letters Patent, back'd with the Knowledge and undoubted Experience of the Learned, Great and Rich, with whom it gain'd its first Reputation.

So that it descends (with much good Nature) to be Open'd in a lower Price, and meanlier Represented too, on purpose to serve the Necessities of the less knowing, and lower Abilities.

This is quite contrary to other Non-Dispensatory Medicines, which are usually introduc'd to the publick Service, by mean and very suspicious Vouchers from *Wapping, Redriffe*, and the Skirts of the Town, to recommend them to the superiour Classes of Men.

But my Present Task is to accommodate This High Medicine to the Lowest Capacities, referring to a larger Account in a former Treatise.

This material Spirit of the Great World is as naturally agreeable to Us, as the very Air we breathe; so that the Governing Spirit in our little Bodily World finds quick Recruit from it, to its Vital Principles, and Executive Powers.

First, From its Airy Nature, or Spirituous Part, which is a Portion of the Universal Spirit, 'tis so adapted to our Spirits, that it always pleases, and makes glad the Head and Heart. It begets supple natural Spirits, from our common Food, and delightfully cherishes and circulates them throughout the whole Body.

'Tis Temperate, Uniform, and a Natural Cordial.

From its Sulphur, the Principle of Oleity, the Blood is purify'd, fed and enrich'd with its rubicund Life-Tincture; and the Radical Moisture

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(that Liquid Thread of Life, which has for its Center the Flash, or Vital Fire) is fatten'd, and made robust, with these united Principles: And as ductile thro the Body, as the Metallic Sulphur in Gold.

The *Salt* in this Medicine is a Vital Principle too, inasmuch as 'tis fill'd with the Universal Spirit and Sulphur.

No wonder that the Philosophers call it the Salt of Life, from its true Seasoning of the Blood, all the Fluids and every Organ of the Body with vivid, healthful Nature: So that it resists all Putrefaction, and expurges all hungry Scorbutick Salts and foetid Sulphurs, which pollute and tear the Crasis of the Blood, aiming at nothing but to impoverish, offend and separate it.

Since this Paper imports Business, I must be guilty of Tautology, and reassume the Principles, holding 'em forth in larger Views:

First then, From its Airy Gas, or Spirituous Part, the whole Brain with all the Organs of Sense are purify'd, and render'd quick and active to their distinct Performances.

Under this Topick, *Headach, Vertigo, Lethargy, Palsy, Apoplexy, Epilepsy, Convulsion and Hysteric Fits, Vapours, Swoonings, Faintings, and Palpitation of the Heart, &c.* are more rationally apply'd to, than from any other, or many Medicines.

From the inherent central *Sulphur* in this Salt (the Principle of Mellowness and Fatness in the Body) is sweetly, yet powerfully resisted all Putrefaction: Removing far away from the Spirits, Blood and Lympha, all Impurities, standing firm on Nature's side against all Pestilential and Malign Distempers; such as the *Small-Pox, Measles, Calenture, Spotted Fever, or the Plague*, if not commission'd.

It extinguishes all unnatural Heat, and yet increases the native central Fire of Life, with the radical Moisture.

For Fire in Life illuminates its Matter, shining with tender Rays of Nourishment and Pleasure. But the dark, harsh, unnatural Fire, feeding on gross and foetid Sulphurs, burns with Horror, like Pitch.

Under this Article, the *Scurvy*, *Rheumatism*, *Wandering Pains about the Limbs*, *Lassitude*, *Pleuritic* and *Colical Affects* are powerfully overcome.

Consumptions, *Dropsy*, *Faundice* (if not gone too far) receive a Cure in the first Cause.

Fevers of any kind, especially Putrid and Malignant, have their unnatural Fire extinguish'd, and the Venom discharg'd, while the pure Fountain and Lamp of Life is supported.

The Advantages the Body has by the Spirit, Water and Blood, kept in a due Temperament, are to be measur'd from the many Distempers that attempt to disunite and separate it.

This Medicine wonderfully searches out, discusses and expels Wind from the Blood and Bowels, giving the greatest Benefit imaginable that way.

It opens the minuteſt Obstructions of what kind soever, by a pleasant Insinuation of airy subtil Powers.

To such as are Afflicted with *Strangury*, *Sand*, *Gravel*, *Tartarous Matter* and the *Gout*, 'tis richly worth their Knowledg and Use. *Vid.* Large Treatise.

Now from the Salt Principle, in this noble Treasury of Our *Sal Oleosum Volatile*, the Stomach receives Comfort and Strength: Its *Archeus* is delighted with it: So that Pain, Sickness, loathing of Food, want of Appetite, or Indigestion is quite remov'd. It preserves great strength of Fibers, a laudable Ferment and *Temperies*, making whatever you take both pleasing and nourishing.

None that use this *S. O. V.* can be troubled with Sourness, Wind or Belchings: Or so much as complain of the *Cholick*, or *Gripping in the Guts*.

It makes a cleanly Separation of the Aliment from its Fæces, or Dregs, and passes with the pure Chyle, as the great Agent of Adhesion and Assimilation: So that all the Fluids are richly impregnated with This Vital Salt.

Hence the *Saliva*, or Spittle, that necessarily commixes in chewing with all your Food, becomes vivid and sprightly, and an excellent Help to Concoction, &c.

Whenas if the Spittle be viscid, roapy and clammy, it must nevertheless be swallow'd, tho it oppress, foul and offend the Stomach to a Nauseousness, &c.

The Gall, another useful Excrement, will also receive Quickness and Thinness, from the redundancy of this *S. V. O.* in the Body; and get a timely Discharge, smoothing the Guts, and yielding many other Benefits, as it passes thro the Bowels.

Where the Kidneys, or Bladder, are rak'd or excoriated with Gravel, or a Tartarous petrifying Substance, this fusible spirituous Oil penetrates like a noble Balsam, with its sanative healing Virtue, and engenders a soft *Mucus* on the Parts.

'Twill penetrate and season anew suspected Bones and Marrow, 'tis so lively, subtil and purifying.

By this Opening of the Principles again, contain'd in this Universal Medicine, any one may easily perceive its vast Extent, and noble Usefulness.

And there is not another known, that can compare with it.

Therefore I will no longer vex my self with the poor Rivals of Our *Sal Volatile Oleosum*: But e'en let them go on, till They, or the World, know better.

The Divers Ways of taking this Medicine.

Both in Acute and Chronic Cases, Fair Water is to be prefer'd: But then, let it be Thames, New-River, City-Conduit, or some other soft Water that resembles them. By no means Pump, or any hard Water, that wont lather with Soap. The more open to the Air the wholsomer.

To a quarter of a Pint, 40, 50 or 60 Drops, to be drank three or four times in twenty four Hours. It must be stir'd up in all Liquors.

But in any kind of Fits, or Colical Pains, 'tis to be repeated three or four times in an hour, or till some Relief be gain'd from it, and then more remissly. Here Discretion must be us'd.

In half a Pint of Water-Gruel, Barley-Water, Milk-Pottage, New Milk, Whey, or Sack-water-Whey, from 16 or 17 Drops to 24, to be stir'd in.

In a Dish of Milk-Tea about 20 Drops, or a little Tea-Spoonful.

In Green-Tea, or Bohee, without Milk, 10 or 12 Drops.

In a Dish of Sage-Tea, 12 or 14 Drops.

In a Dish of Chocolate 14 or 15 Drops.

In a Dish of Coffee about 10 Drops.

In Asses-Milk, or Cows-Milk, for Consumptive or Weak Persons, put 14 or 15 Drops into a Cup of half a Pint, then pour, or rather milk on it; take two half Pints in a morning.

It preserves all Milk from Curdling, or turning in the Stomach.

In a Pint of Table-Beer, or Ale, stir in 15 or 16 Drops.

Into a Glass of Mum from 15 to 20 Drops.

In a Glass of Cyder or Mead 12 or 14 Drops.

In each Glass of Wine, 6, 7, or 8 Drops. *Vide* Large Treatise.

You may smell to it often, 'tis highly refreshing.

Rub one or two Drops betwixt the Palms of your Hands, and then quickly smell to them: For the Gas delights to dwell in the Center of this Sulphur, its beloved Principle.

P O S T S C R I P T.

A Description of the True S. V. O. whereby it may be known from Counterfeits.

1. **I**T must be transparent, shining and lustre, as tho Light were its Center.
2. No Salt must settle at the bottom of your Glass, all such is of a contrary nature.
3. 'Tis to be try'd by Fire: Ours, tho very oily, yet despiseth the Flames: Others, will blaze and burn, and are pernicious.
4. It must smell only of it self, that is, with a soft, not harsh Pungency: And in the Scent may be discern'd a Fragrancy from its sweet Sulphurs. Whatever smells of Spice, Perfume, or Spirits, is a jumble of Man's Invention, and out of the way of Nature.
5. When you drop it into Water, observe the shivering spirituous Oil, and its Ponderosity in sinking to the bottom: In Wines and Cyder observe in its Fall how it opens an internal Redness; which, when stir'd up, rises in a Cloud of Knits, and gives Mellowness and a full Body to your Liquors.
6. When you rub a Drop or two betwixt the Palms of your Hands, and smell quick to them, you'll find its stronger Gas (an *Helmontian* word) or Airy Spirit rise and spring, tho loth to rouse

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(till crush'd) from its espous'd Principle. This is the Love-Knot in Nature.

7. It must be saline, and that too with a good stomachic Relish, fatten'd with a Saltness that is quick and exciting; yet tender and easy.

Volatile Salts, that are thin, sharp and caustic, like Sal Armoniac, are not fit for internal Use: They may serve some for a Rouzer to their Noses.

All that's contain'd in our full Medicine of *Sal Volatile Oleosum*, is nevertheless but one thing.

Here is mystical Philosophy, and a sound depth of Knowledge in Nature.

Duality with us is mere Jargon, — tho it smatches of the Greek.

☞ Whereas this Medicine was formerly Sold only in Five Shilling Bottles, 'tis now sold in Half Crown, Crown, and Pint Bottles, at Sixteen Shillings the Pint, for the Service of Families. They who buy the Pints will be Gainers.

To be had at Dr. Byfield's
in Salisbury-Court near
Fleetstreet.

F I N I S.